

# The Catholic Parish Christ the King & St Joachim

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**“Do not fear those who kill the body but cannot kill the soul; rather fear him who can destroy both soul and body in hell.”**

**Dear Friends,**

It sometimes seems like our world is getting more and more filled with fear. The current virus is certainly a part of this, but not the whole of it. But in our Gospel today, we hear Christ telling not to fear - to put the various threats against us in the right context.

Our life is certainly filled with dangers, this is a consequence of the Fall, death and injury and division are part of what it is to be human. We should not disregard this, but we should seek to see the various risks which are around us not from our own limited perspective, but from God's perspective.

God knows what the dangers which we face are. God knows what challenges are in front of us. God also knows how he can help us through these, God also knows that he wants us to come to heaven, to be in a perfect relationship with him the eternity. This means that we can trust in him, we can look to him rather than focus on those dangers and troubles around us.

This doesn't mean that we ignore dangers, one of the ways that God keeps us safe is by giving us common sense, and the ability to solve problems. But it does mean that we don't live in the realm of fear - we can have confidence when we come up against these dangers and challenges, because we can trust in God and his loving provision for us. This leads to a calmness within us, a calmness born of the trust which we have for God - knowing that he loves us and will guide us as we need him.

The second half of Christ's saying - "rather fear him who can destroy both soul and body in hell" - is actually much the same thing. It is also putting everything into the right perspective - seeing everything as God sees it. The real risk to our lives is not these passing challenges and dangers, it is the eternity which will follow this life. An eternity which can be the blissful delight of heaven, but which can also be the hell of separation from God and his love.

Christ is making this danger clear to us, not because he wants us to be terrified by it; not because he thinks we should spend every moment of our lives obsessed with it. But rather because, again, he wants us to trust in God. God

wants to lead us to heaven, and if we follow him, if we trust him, if we complete the work which he gives us (and gives us the strength to complete as well), then he will lead us to heaven. We will hear that voice calling us forward 'well done good and faithful servant, enter into the joy of your Master'. But at the same time, he knows that other voices will sound in our minds, calling us away from God, showing us temptations to go in other directions - we need to know that this will happen, and we need to know that we can and should ignore them.

Christ's words here can easily be summarised as 'trust in God, and keep your eyes focused on him'. If we do this, then God will lead us into all true happiness, and we will have nothing to fear.

Every blessing Fr Thomas

## Garden Visits

Under new regulations you can know have a visitor come and sit in the garden or park with you while staying 2 Metres apart. If you'd like a garden visit from one of the priests, then please let us know. Fr Neil

## LIVE- STREAMING FROM THE NATIONAL SHRINE OF OUR LADY OF WALSINGHAM

**Bishop Richard's Podcast**  
<https://vimeo.com/413915450>

**Live streaming of Mass in the Parish**  
Given the ongoing crisis the mass will be streamed live on Facebook 10.00am Monday to Friday, Saturday 5pm and Sunday 11.30am. Wednesday, Friday and Saturday you will find on the 'Christ The King with St Joachim, Eastbourne' page and Monday, Tuesday and Thursday on the 'Eastbourne Ordinate' page.

Sunday at 11.30am will be streamed direct to the Eastbourne Ordinate YouTube channel.

## Live interactive material for Children provided by CAFOD each Sunday Morning 10am

<https://cafod.org.uk/Education/Children-s-liturgy>

You have to register (just name and email address) then you get emailed a link to the live webinar. Webinar does need installing onto your browser or download the app for phones/tablets. This is all instructed once you receive the first link. But if it's your first session, I would recommend doing this in advance as not to miss the 10am start.

## Church Opening for Private Prayer

We have a number of volunteers who have been generous in giving their time so that we can once again inhabit our churches and come before the Lord in his sacramental presence.

Mondays	10-12
Tuesdays	10-12
Wednesdays	10-12 (St Joachim's)
Thursdays	6 -8pm
Fridays	12 -5pm
Saturdays	9- 11am
Sundays	3- 5pm

One of the priests will be around for each session and confession will be available by use of the confessional only.

## Zoom parish prayer meetings:

We will continue our Sunday morning prayers every Sunday at 10.30am and also we are going to have our Fridays chats including a short evening prayer, on Fridays at 7.00pm.

Meeting ID: 343 302 3105  
Password: 340767

it is possible now to join by phone:  
Dial from landline:  
0203 481 5240 United Kingdom

**We pray for :** Chris Gimmons, Don Wilkins, Mary Bateman, Thelma Kemp, Stuart McCarthy, Sheila Douds, Helena Sagnelia, Peter and Pauline Sollis, Frankie Farrell, Daisy Kelly, Sue & Mick O'Driscoll, Eddie Burke, Rene Cook, Gill Cooke, Jan Blake, Sandra McMeekin, David Dwyer, Eileen Kehoe, Diana Smith, Pat Raper, Colleen Stock, Sr Mary Keiley, Charles El Mawas, Jane Hollands, Kirina Blaty, Moira Morrison, & Rose Swift.

**For the deceased** -who have died recently: Mary Bennett, Terry Maud, Rose Swift, Anne Smiley and for all our deceased relatives & friends.

**Mass for the Sick and their Families,  
NHS Front-Line workers and those  
working in Social Care**

The Catholic Bishops of England and Wales recognise that this time of the COVID-19 pandemic is affecting every person in our countries. Those who are sick, and their families, are suffering many hardships of isolation from contact with those they love. Our front-line workers in hospitals and in care homes all over our lands are giving exceptional service to those who are vulnerable at this time.

In order to show a spiritual solidarity a Catholic Bishop will celebrate Mass in their Cathedral which will be live-streamed for people to join. This will take place **every Thursday at 7.00pm**

18th June Archbishop Bernard Longley  
Birmingham Cathedral  
25th June Bishop Alan Hopes Norwich  
Cathedral  
2nd July Archbishop John Wilson  
Southwark Cathedral  
9th July Bishop Tom Williams Liverpool  
Cathedral

By visiting the Cathedral webpage, or the Bishops' Conference Webpage ([cbcew.org.uk](http://cbcew.org.uk)) links for the live-streaming of these Masses can be found.

There are two computer base units available which will have Windows 10 installed on them and one will also have a printer. You will need a screen to connect it to. Please let me know if you are interested. Fr Neil

## Sunday 21 June 2020

12th Sunday in Ordinary Time ■

### Readings at Mass

#### Collect

Grant, O Lord,  
that we may always revere and love  
your holy name,  
for you never deprive of your guidance  
those you set firm on the foundation of  
your love.  
Through our Lord Jesus Christ, your  
Son,  
who lives and reigns with you in the  
unity of the Holy Spirit,  
one God, for ever and ever.

#### First reading

Jeremiah 20:10-13

Jeremiah said:

I hear so many disparaging me,  
"Terror from every side!"  
Denounce him! Let us denounce him!  
All those who used to be my friends  
watched for my downfall, 'Perhaps he  
will be seduced into error.  
Then we will master him  
and take our revenge!'  
But the Lord is at my side, a mighty  
hero;  
my opponents will stumble, mastered,  
confounded by their failure;  
everlasting, unforgettable disgrace will  
be theirs.  
But you, O Lord of Hosts, you who  
probe with justice,  
who scrutinise the loins and heart,  
let me see the vengeance you will take  
on them,  
for I have committed my cause to you.  
Sing to the Lord, praise the Lord, for he  
has delivered the soul of the  
needy from the hands of evil men.

#### Responsorial Psalm

Psalm 68(69):8-10,14,17,33-35

*In your great love, answer me, O  
Lord.*

It is for you that I suffer taunts,  
that shame covers my face,  
that I have become a stranger to my  
brothers,  
an alien to my own mother's sons.  
I burn with zeal for your house  
and taunts against you fall on me.  
R

This is my prayer to you,  
my prayer for your favour.  
In your great love, answer me, O God,  
with your help that never fails:  
Lord, answer, for your love is kind;  
in your compassion, turn towards  
me. R

The poor when they see it will be glad  
and God-seeking hearts will  
revive;  
for the Lord listens to the needy  
and does not spurn his servants in  
their chains.  
Let the heavens and the earth give him  
praise,  
the sea and all its living creatures.

#### Second reading.

Romans 5:12-15

Sin entered the world through one man,  
and through sin death, and thus death  
has spread through the whole human  
race because everyone has sinned. Sin

existed in the world long before the Law  
was given. There was no law and so no  
one could be accused of the sin of 'law-  
breaking', yet death reigned over all  
from Adam to Moses, even though their  
sin, unlike that of Adam, was not a  
matter of breaking a law.

Adam prefigured the One to come, but  
the gift itself considerably outweighed  
the fall. If it is certain that through one  
man's fall so many died, it is even more  
certain that divine grace, coming  
through the one man, Jesus Christ,  
came to so many as an abundant free  
gift.

#### Gospel.

Matthew 10:26-33

Jesus instructed the Twelve as follows:  
'Do not be afraid. For everything that is  
now covered will be uncovered, and  
everything now hidden will be made  
clear. What I say to you in the dark, tell  
in the daylight; what you hear in  
whispers, proclaim from the housetops.

'Do not be afraid of those who kill the  
body but cannot kill the soul; fear him  
rather who can destroy both body and  
soul in hell. Can you not buy two  
sparrows for a penny? And yet not one  
falls to the ground without your Father  
knowing. Why, every hair on your head  
has been counted. So there is no need  
to be afraid; you are worth more than  
hundreds of sparrows.

'So if anyone declares himself for me in  
the presence of men, I will declare  
myself for him in the presence of my  
Father in heaven. But the one who  
disowns me in the presence of men, I  
will disown in the presence of my Father  
in heaven.'

Parish Clergy:  
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